

From Bedford or Lower Sackville or the Valley:

Take the Magazine Hill toward Dartmouth/Burnside. Take the left at the 1st set of lights. Keep going straight – even past Leon's. You'll hit that weird, curvy stretch, but will then be heading toward Cole Harbour or Eastern Dartmouth. Go "straight" – that is, follow the main part of the road – and stay sort of in the middle ! DON'T TAKE THE TRURO/AIRPORT TURNOFF WHICH YOU WILL TAKE IF YOU VEER TOO FAR TO THE LEFT AT ONE POINT.

You will soon merge onto the #107 Extension. That places you, after passing the Waverley turn-off, at the set of lights at Highway #7 (Main St., Dartmouth) and Forest Hills Parkway. You want to go straight. You will see a Sobeys to the left across the way.

You encounter 6 sets of lights along this stretch (the Forest Hills Parkway).

1st set a church is on your right.

2nd set just a left turn to a residential street.

3rd set is the main access to the Dartmouth Sportsplex grounds.

4th set is residential.

5th set allows traffic in and out of a shopping centre on your right. As you get through this set of lights, transfer to the right-hand lane.

As you approach the next (6th) set of lights, take the right hand turn lane. You now want to merge onto Cole Harbour Road.

As soon as you do (you're in the right hand lane) start to watch for your chance to transfer into the left hand lane. Once you do that and have reached the crest of this gradual hill, look for your chance to enter the left turning lane.

You can turn to the left either at the Chris Brothers store or at the next entrance, being the main entrance to the Village Plaza Shopping Centre. Moulton Optical is between those two entrances.

Any problems, call : 434-9500.

GOOD LUCK. SAFE DRIVING. WE'LL SEE YOU SOON. !!